

Air Fried Hamburgers

Ingredients

- Ground meat of your choice (make sure it has 20% fat)
 - Add in finely diced bacon if your meat is too lean
- Salt and Pepper, to taste
- Seasoning blend of your choice
 - I used Chipotle Seasoning from Pampered Chef

Instructions

1. Mix together everything in a large bowl.
2. Portion your patties.
3. Place into the air fryer on 360 for 8-10 minutes or until desired doneness is achieved.

Temperature Guide

Well Done: 160°F to 165°F - no pink
Medium Well: 150°F to 155°F - some pink
Medium: 140°F to 145°F – more pink
Medium Rare: 130°F to 135°F – some red
Rare: 120°F to 125°F – all red (not advised)