

## Pasta E Fagioli Soup

## Ingredients:

- 2 Tbsp olive oil, divided
- 1 lb lean ground beef
- 1 ½ cups chopped yellow onion
- 1 cup diced carrots (about 2 medium)
- 1 cup diced celery (about 3 stalks)
- 3 cloves garlic, minced (1 Tbsp)
- 3 (8 oz) cans tomato sauce
- 2 (14.5 oz) cans chicken broth
- 1 (15 oz) can diced tomatoes
- 2 tsp granulated sugar
- 1 ½ tsp dried basil
- 1 tsp dried oregano

- ¾ tsp dried thyme
- ½ tsp dried marjoram
- Salt and freshly ground black pepper
- 1 (15 oz) can dark red kidney beans, drained and rinsed
- 1 (15 oz) can great northern beans, drained and rinsed
- 1 cup dry ditalini pasta, cooked
- 3 teaspoons dried parsley
  - (or 3 Tablespoons of fresh)
- Serving: shredded Parmesan cheese

## Instructions:

- 1. Heat 1 Tbsp olive oil in a large stock pot over medium high heat. Brown ground beef. Drain fat from beef and transfer the beef to a plate, set aside.
- 2. Heat remaining 1 Tbsp olive oil in the same pot and add onions, carrots, and celery. Saute about 6 minutes or until tender. Add garlic and saute 1 minute only.
- 3. Add chicken broth, tomato sauce, canned tomatoes, sugar, basil, oregano, thyme, marjoram and cooked beef.
- 4. Taste and season with salt and pepper.
- 5. At this point you may need to add ½-1 cup of water if needed to make soupier if desired.
- 6. Bring to a boil then reduce heat to medium-low, cover with lid and allow to simmer, stirring occasionally, until veggies are soft, about 15 20 minutes.
- 7. Meanwhile prepare ditalini pasta according to directions on package, cooking to al dente.
- 8. Add cooked and drained pasta to soup along with kidney beans and great northern beans. Allow to cook 1 minute longer.
- 9. Stir in parsley, serve warm with Parmesan cheese.