

Ratatouille

Ingredients:

- 3 Tablespoons of olive oil (plus some for brushing at the end)
- 3 cloves of garlic, minced
- ¹/₂ small onion, chopped
- 1/2 cup shredded carrots or diced red bell pepper
- 28 oz can of crushed tomatoes (for less saucy, use 14oz)
- Optional for a spicier dish: 4.5 -8 oz of green chilies
- 1 teaspoon of dried basil
 - Have fresh basil on hand or serving
- ¹/₄ teaspoon dried thyme
- 2 teaspoons parsley
- 1 small, thin eggplant (can substitute summer squash), sliced
- 1 large zucchini, sliced
- 3-4 roma tomatoes, sliced
- ¹/₂ teaspoon of salt (more or less to taste)
- ¹/₈ teaspoon of pepper (more or less to taste)

Instructions:

- 1. Preheat the oven to 375°F.
- 2. Cook onion, garlic, and carrot/pepper in 2 tablespoons olive oil over medium heat, 4-5 minutes or until tender.
- 3. Add crushed tomatoes, optional green chilis, and seasonings. Simmer for about 15 minutes or until reduced down and thicker. Taste and adjust your seasonings with salt and pepper.
- 4. Using a slicer, or sharp knife, slce your veggies to ¹/₈ th of an inch thickness
- 5. Pour sauce into a 2 qt baking dish and arrange sliced vegetables standing up on their sides over the sauce. Brush with remaining olive oil.
- 6. Cover and bake for 35 minutes. Uncover and bake for an additional 15 minutes or until vegetables are tender (or to your preferred softness)
- 7. Season with salt and pepper to taste.
- 8. Sprinkle with fresh basil and serve.