

## Banana Shortcake Oat Muffins

### Ingredients

- 2 overripe bananas
- 2 ½ cup old fashioned oats (not quick cook)
- 1 cup of plain greek yogurt (can be flavored)
- 2 eggs
- ¾ cup sweetener of your choice
- 1 ½ tsp baking powder
- ½ tsp baking soda
- ½ tsp vanilla (omit if using flavored yogurt)
- ⅛ tsp salt
- ½ cup of chocolate chips (optional)

IMPORTANT NOTE: Paper liners will not work very well for these muffins. They will stick quite a bit. Use silicone or a well sprayed muffin tin.

### Instructions

1. Preheat oven to 400F degrees
2. Prepare tins or silicone muffin liners
3. Place all of the ingredients in a blender or food processor. Blend until the oats are smooth.
4. Divide batter among the cupcake liners (¾ full, they won't rise a whole bunch)
5. Bake 20-25 minutes

Dairy Free option: Replace yogurt with 1 cup coconut cream