

## Mom's Meatloaf

## Ingredients

- 2 lbs of ground beef
- 1 cup of salsa
- <sup>1</sup>/<sub>3</sub> cup green onions, diced
- 1/3 cup white onion, diced
- <sup>1</sup>/<sub>3</sub> cup of Heinz ketchup
- 1 egg, beaten
- 3-5 cloves of garlic, minced
- Salt and pepper
- 2 slices of bread, torn into pieces

## Instructions

- 1. In a large bowl, and using your hands, mix together all of the ingredients.
- In a 9x13 baking dish (make sure your dish has sides to catch the grease, which you will pour off before the meatloaf is done), form a loose loaf or mound. If you pack it together too tightly, you will lose that moist texture later.
- 3. Bake on 375 for around 45 minutes.
- 4. Strain off the juices and continue cooking for 15-20 more minutes or until your meatloaf has plenty of color on the top.
- 5. You'll know it's done when the internal temp comes to 155 (or your ideal burger temp).
- 6. Slice and serve.