

Edible Cookie Dough

Ingredients:

- 1 cup all purpose flour (*heat treated)
- ½ cup butter
- ½ cup brown sugar
- 3 Tablespoons granulated sugar
- ¼ tsp salt (decrease if using salted butter)
- 1 ½ Tbsp milk
- ½ tsp vanilla extract
- ½ cup of your favorite mix-ins

Directions:

1. Cream together butter, salt, brown sugar, and granulated sugar until light and fluffy.
2. Mix in milk and vanilla.
3. Mix in flour until cookie dough consistency is achieved.
4. Fold in your remaining mix-ins.
5. Portion in cookie dough balls and refrigerate or freeze until consumed.

*To heat treat your flour, spread flour onto a baking sheet and bake at 350F for 7 minutes. This kills bacteria and makes it safe to consume.