

My Favorite Granola

Ingredients

- 2 cups oats
- 1 cup nuts, seeds (or a mixture)
- 1 cup shredded coconut, unsweetened
- ½ cup flaxseed, wheat germ, chia (or a mixture)
- 3 Tablespoons of coconut oil, or butter
- ²/₃ cups of maple syrup or honey
- 1/4 cup of brown sugar or coconut sugar
- ½ tsp salt
- 1 ½ tsp vanilla
- ½ cup dried fruit
- ½ cup raisins or cranberries (or a mixture)

Instructions

- 1. Preheat the oven to 350°F and line 9x13 with parchment.
- 2. Mix together oats, coconut, any nuts or seeds that need to be toasted. Spread onto prepared pan and toast for 10 minutes, stirring occasionally until lightly browned.
- 3. In an additional bowl, add all other dry ingredients you are using, including fruit. Mix in your toasted oat mixture.
- 4. In a saucepan, add the coconut oil/butter, syrup/honey, brown/coconut sugar, and salt. Bring to a boil for one minute and stir constantly. Remove from heat and add in your vanilla.
- 5. Pour your wet into the dry bowl and mix well.
- 6. Pour your mixture onto your baking tray and bake for 20-25 minutes or until golden brown. (Note, you can press this mixture into a smaller 9x13 pan and make bars).
- 7. Once out of the oven, allow to cool only a couple minutes before picking up the edges of your parchment and separating anything that might be stuck together in a large clump.
- 8. Let cool completely before storing in an airtight container.