

Hoagie Rolls

Ingredients:

- 4 cups (480g) all purpose flour
- 2 teaspoons (12g) salt
- 1 teaspoon (4g) instant yeast
- 4 Tablespoons (40g) heavy cream
- 1 ¼ cups (300) g water
- 2 Tablespoons oil

Instructions:

- 1. In the bowl of your stand mixer affixed with your dough hook, add in all of the dry ingredients. With the mixer **on low** as it mixes your dry ingredients, add in your water, oil, and cream and mix until just combined.
- 2. Turn the mixer to **medium and allow it to mix for 30 seconds only**. Turn off your mixer, take off your dough hook and cover.
- 3. Rest dough for 20 minutes.
- 4. Replace dough hook, and turn mixer to **medium for 30 seconds.** Turn off your mixer, take off your dough hook and cover.
- 5. Rest dough for the second 20 minutes.
- 6. Replace dough hook, and turn mixer to **medium for 30 seconds.** Turn off your mixer, take off your dough hook and cover.
- 7. Rest dough for the third 20 minutes.
- 8. Replace dough hook, and turn mixer to **medium for 30 seconds.** This time, when you are done, turn off your mixer, take out the dough hook completely and turn out onto a counter. Check the wetness of the bread (add a teaspoon of sprinkled flour if needed to make the dough NOT sticky). Shape into a ball, put back into the original bowl.
- 9. Cover with oiled plastic wrap and allow the dough to rise at 75-80°F for **2 hours**.
- 10. Turn your dough onto a lightly grease, or floured surface (or pastry mat). Gently divide your dough into 5-6 equal pieces.
- 11. Using wet hands, gently tug your pieces outward and fold in on itself with care (it should stick together well). Roll forward tugging and tucking gently until you have a firm top.
- 12. Transfer your rolls to a lightly greased parchment lined sheet or silicone baking couche.
- 13. Cover and allow to rise for 2-3 hours or until they are noticeably puffy and risen.
- 14. Uncover the rolls and spritz heavily with water.
- 15. Bake in a preheated **475°F oven for 15-20** minutes or until golden brown.
- 16. Allow to cool completely before cutting. Do not store in plastic bags, but instead store in paper bag.